

Essex Park & Recreation - 2019

Fall Programs



The Benefits
are Endless



Park &
Recreation
TOWN OF ESSEX

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Welcome to the Essex Park & Recreation Fall Program Guide

Mission Statement: Creating Community through People, Parks, and Programs!



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The Benefits of Parks and Recreation

*Build family unity *Feel great *Lose weight *Diminish chance of disease *Reduce stress *Provide safe places to play *Generate revenue *Lower healthcare costs *Meet friends *Educate children and adults *Relax *Keep businesses from leaving *Elevate personal growth *Strengthen neighborhood involvement *Boost local economy *Increase property value *Preserve plant and animal wildlife *Clean air and water *Teach vital life skills *Provide space to enjoy nature

Autumn Word Search Key

Instructions: Try to find all of the hidden Autumn/Fall words in the word search puzzle below.
(Words can be spelled forwards, backwards, diagonally, up, or down.)

F	K	E	H	X	Y	D	C	G	G	W	O	J	T	B
U	A	Y	Q	W	Q	M	P	E	W	A	O	A	O	G
P	A	Z	E	E	S	H	O	M	Q	Z	I	L	L	F
O	T	U	A	K	L	T	H	I	W	R	Z	H	G	U
R	J	S	U	A	R	P	H	D	O	N	X	S	E	M
A	A	K	F	E	C	U	P	H	S	E	V	N	J	T
N	Y	C	N	F	E	K	T	A	U	N	R	O	C	A
G	N	U	O	L	O	Y	Q	Y	O	C	S	T	W	K
E	R	D	S	R	A	E	P	D	U	S	O	A	E	R
G	F	E	A	H	P	B	R	N	D	B	J	E	R	K
V	A	F	B	I	I	Y	J	I	I	R	G	H	I	W
I	Y	U	Y	O	M	Q	A	W	C	I	Q	W	F	X
Q	V	I	W	Q	T	L	F	V	E	S	J	G	N	A
J	K	R	Z	S	K	C	Z	N	D	K	X	M	O	K
B	Z	Q	K	K	C	A	O	X	B	D	O	C	B	Q

Word List

ACORN	DECIDUOUS	PEARS
APPLE	DUCKS	TURKEY
BONFIRE	OCTOBER	WHEAT
BRISK	ORANGE	WINDY

Essex Park and Recreation Office

Location: 29 West Avenue, Essex (Inside Essex Town Hall)

Telephone: 860.767.4340 x148 | Fax: 860-767-8509

Website: www.essexct.gov

Office Hours: Monday - Friday, 9:00 am - 4:00 pm

Photos courtesy of Essex Park and Recreation

Registration & Program Policies

Program Information

The Essex Park and Recreation Department reserves the right to reschedule, relocate, or cancel any announced program due to facility availability and public response. The Park and Recreation Department may also establish minimum or maximum class sizes to ensure appropriate instructor-to-participant ratios.

Registration Information

There are three ways to register for a program, online, in-person, mail-in.

1. Most programs allow for online registration. Visit our website and Login as a Member, or Register as a New Member. You will input your information, choose all the programs you wish to register for, and will be able to pay by credit card.
2. You may mail in a registration form (available on our website) and payment to our office.
3. You may register in-person at the office during business hours.
4. Phone registrations are not accepted for any programs.
5. If the session you wish to register for is filled, you will be placed on a waiting list and notified immediately if and when an opening occurs.
6. Children must be the proper age before the program begins.
7. Only those enrolled in the program may attend. Sorry, but "visitors/family" will not be permitted in the program unless specified.
8. Registration is accepted on a first-come, first-serve basis and class sizes are limited. Programs will be canceled if registration does not meet the minimum.

Payment

Payment must be made in full at the time of registration, without exception. We accept cash and checks made payable to Essex Park and Recreation. Returned checks will be charged a bank fee.

Late Registration Fee

All program registrations accepted one day prior, day-of, or any time after the program start date will incur a \$5 late registration fee.

Refunds

Since programs are self-supporting and commitments need to be made to instructors and staff the following statement reflects our refund policy.

- A full refund will be given if the program is cancelled by the Park and Recreation Department.
- In case of illness or injury, a refund will be given with a doctor's note for any unused portion of the program.
- If you cancel your registration a week or more before the program begins, refunds, minus a \$10.00 processing fee, will be issued, processing time is approximately 30 days.
- If you cancel your registration in the program less than a week before the program begins, a 50% refund will be issued minus a \$10.00 processing fee, processing time is approximately 30 days.
- No refunds are given once the program has begun or for any unused portion of the program. Fees are not prorated.

Cancellation

The best way to find out if a program or event has been canceled due to weather is to check our webpage under "Announcements & News." In the event of snow or pending snow, our Program Cancellation / Inclement Weather Policy follows that of the Essex School System. If school has been canceled or has an early dismissal, then any program for the remainder of that day and night will be canceled as well.

Inclusive Statement

The Essex Park and Recreation Department is committed to providing quality leisure services for people of all abilities. We will comply fully with the spirit and intention of the ADA in making reasonable accommodations for all individuals. We encourage and support people with disabilities to fully participate in all programs offered by the department. Please contact Parks and Recreation for more information.

Hey – What Happened To My Class?

Nothing kills a recreation program faster than residents who wait until the last minute to register. There is a point when a program must be canceled or modified. All programs require a high level of coordination often including facility scheduling, staffing, volunteer recruitment and purchasing of supplies. Be considerate in planning ahead and we will continue to do our best to offer exceptional programs. So please register early; then everyone will get a chance to participate.

New Programs and Instructors

Have a great program idea or a desire to teach, earn money, and give back to the community? We continually seek to improve and grow our offering of programs and classes but need dedicated, enthusiastic instructors like you to make it happen.

Email List

Email recreation@essexct.gov to be added to our email database and receive important information on the Department and our programs!

Oops!

The Parks and Recreation Department makes every effort to ensure the accuracy of the program information found in this brochure. Changes in programming may occur, and we will attempt to keep information updated on our website. All programs, instructors, and locations are subject to change.

No News is Good News

We do not call or mail participants with program confirmations. We will only call you if you did not get into a class, or a class has been canceled due to minimum enrollment.

Photo Policy

Any photograph taken of any participants in an Essex Park & Recreation Department program or activity may be used for publication or marketing purposes such as brochures and website content. Any participant, or parent of youth participant, who wishes to not have a photograph of them used must notify the department in writing of this.

Recreation Scholarship Fund

The Recreation Scholarship Fund is designed to offset program fees for Essex residents who could not otherwise afford the fees. This is a fantastic way to help and support your fellow community by providing the opportunity to participate in a program. For more information, contact Parks and Recreation at 860-767-4340 x110.

Weather Concerns

Essex programs follow the school cancellation policy. All programs are cancelled if school is cancelled or dismissed early. Announcements will be made on WFSB and FoxCT along with the Essex Parks and Recreation Facebook page.

2019 PROGRAM REGISTRATION FORM

Please print using black or blue ink.
Parent or legal guardian must complete this form

Adult First Name	MI	Last Name	Address
Primary Phone (Required)	Alternate Phone		Email
Emergency Contact Name & Phone(s)			

Participant Name (First)	(Last)	Date of Birth	Sex	Grade/Teacher Spring 2019 or Fall 2019 Based On Program Session Start Date	Program Name	Fee
Subtotal						
Total						

SPECIAL CONCERNS: List any special needs or health related concerns of participant

T-SHIRT SIZE: (for applicable programs) YS YM YL AS AM AL AXL

PICK-UP CONTACT INFORMATION: Please list all authorized adults who may pick up a child from a program

WAIVER OF PARTICIPANT BY PARENT OR SELF:
I hereby agree to release, discharge and hold harmless the Town of Essex, its directors, officers, employees, agents, contractors, and/or volunteers from any and all liability or damage that may occur during either my participation or the participation of my minor child in the above listed recreational activities. I understand that participation in any recreational or sport activity involves risk, and I grant permission to the Town of Essex to utilize any medical emergency services it deems necessary to treat any injuries that I or my minor child may incur. I further understand that the Town of Essex does not provide insurance for recreational program participants. I further agree to abide by all rules, regulations, and codes of conduct for all programs I am participating in. **Photo Release: I understand that for promotional purposes the Town videotapes and/or takes photographs of participants enrolled in recreation activities, classes or programs. I hereby release and permit the Town of Essex to utilize for said promotional purposes any photographs and/or videotapes of me or my minor child engaged in the above listed recreational activities.**

Payment Type: Cash Check
 Check # _____

X Signature _____

Fall Youth Programs



Junior Warriors Pre-season Basketball Clinic

Instructor VRHS Coach Kevin Woods
 In our fall clinic, skill development is the primary focus. This program is a great way to prepare young ballers for their upcoming recreation and travel league seasons. We will provide drills and training from beginners to the advanced player. Players are broken up into smaller groups during the instruction period ensuring a lot of reps and a lot of fun!

Location Essex Elementary School Gym
Fee \$75
Class Size Min 10 / Max 20
Grades **Day** **Time** **Dates**
 3 – 6 Wed 3:15 – 4:30p Sep 4 – Oct 2

Tennis Stars

Instructor Gary Ribchinsky
 This clinic is designed to teach the fundamentals of tennis and while featuring individual and group instruction from PTR Certified Tennis Professional Gary Ribchinsky. Ground strokes, volleys, serves, and game play will be covered as this program will focus on improving all facets of the game. *All participants must be 5 years old at the start of the program. Coach Ribchinsky is also permitted to provide private tennis lessons for more information on private tennis lessons please contact him directly gribchinsky@gmail.com

Location Grove Street Park Tennis Courts
Fee \$75
Class Size Min 5
Grades **Day** **Time** **Dates**
 K – 8 Sat 9 – 10a Sep 7 – Oct 5

Ready, Set, Run – Youth

Instructor Coach Pete Capezzone
 Our running skills program will introduce children to the fun and satisfaction of running. Peter Capezzone is an Ivoryton resident, the Cross Country and Track and Field Coach at Old Saybrook High School and the founder of Running Rams LLC, which provides fall, spring and summer track programs to shoreline area youths for over 10 years. *All participants must be 5 years old at the start of the program.

Location John Winthrop Middle School Field
Fee \$85
Class Size Max 25
Grades **Day** **Time** **Dates**
 K – 8 Mon 5:30 – 6:30p Sept 9 – Oct 14 (Oct 14 session meet at Ivoryton Park)
 K – 8 Mon & Tues 5:30 – 6:30p Jan 6 – Jan 27 (Jan 21 meets on Tues)



Fall Youth Programs



Zumba Kids

Instructor Meg Caulfield

Perfect for our younger Zumba fans! Kids in grades K-6 years get the chance to socialize with friends and jam out to their favorite music. This Zumba program includes rocking, high-energy dance parties packed with kid-friendly routines. We break down steps; add games, activities and cultural exploration elements into the class structure. This program helps kids develop a healthy lifestyle and incorporates fitness as a natural part of children's lives. Classes incorporate key childhood development elements such as leadership, respect, team work, confidence, self-esteem, memory, creativity, coordination, balance, and cultural awareness. *All participants must be 5 years old at the start of the program.

Location Essex Elementary School

Fee \$75

Class Size Min 10 / Max 20

Grades	Day	Time	Session	Dates
K-6	Wed	3:15 - 4:15p	I	Sep 11 - Oct 16 (skip oct 9)
K-6	Wed	3:15 - 4:15p	II	Oct 23 - Nov 20
K-6	Wed	3:15 - 4:15p	III	Jan 8 - Feb 5
K-6	Wed	3:15 - 4:15p	IIII	Feb 26 - Mar 25

Dance

Instructor Jennifer Erkkila

This beginning level dance course will allow students the opportunity to explore the four elements of dance: Body, Energy, Space, & Time as well as improvisation. Through this 5-week course we will discuss how to use our bodies to help create, explore and play within space and boundaries. Using our body as our instrument, and props like: bubbles, chalk, tape, fabric, etc., we will open our minds to the endless possibilities that dance holds within each of us, and the chance to see how dance exists within our everyday lives

Location Essex Elementary School

Fee \$75

Class Size Min 10 / Max 20

Grades	Day	Time	Session	Dates
K-6	Tues	3:15 - 4:15p	I	Sep 10 - Oct 18
K-6	Tues	3:15 - 4:15p	II	Oct 22 - Nov 19
K-6	Tues	3:15 - 4:15p	III	Jan 7 - Feb 4
K-6	Tues	3:15 - 4:15p	IIII	Feb 25 - Mar 24

Archery - Beginner and Intermediate Level

Instructor Bob Russo

Our Beginner and Intermediate Archery program is an opportunity to pick up a bow and arrow for the first time or advance your skills and techniques of archery. Participants will progress in their development of proper stance, hold, aiming and release. The program will use target tipped arrows and emphasize safety.

Location Essex Elementary School Field

Fee \$75

Class Size Min 10 / Max 18

Ages	Day	Time	Dates
8 & up	Thu	5 - 6p	Sep 12 - Oct 10



Fall Youth Programs

Dodgeball

Instructor Tim LaChance

This program is all about fun! We'll play just about every variation of Dodge Ball to keep kids moving after school. Dodge, Duck, Dive, Run and Throw your way to a great time. New teams will be picked every week.

Location Essex Elementary School

Fee \$75

Class Size Min 10 / Max 18

Grades	Day	Time	Dates
2 – 6	Thu	3:15 – 4:15p	Oct 3 – Nov 14 (skip Oct 17 & 31)

Aspiring Young Engineers

Instructor Engineering Imagination, LLC.

Explore and experience the spectacular world of engineering through this engaging, "hands-on, Minds-on" program! In these exciting, educational programs, participants use a variety of Mediums such as recycled materials, salvaged motors and gears, balsa wood, in addition to LEGO® to explore a unique, customized S.T.E.A.M. (Science, Technology, Engineering, Architecture, Mathematics Curriculum) with a wide variety of activities and learning mediums, students are sure to have a blast while learning along the way!

Location Essex Elementary School Library

Fee \$115

Class Size Min 10 / Max 14

Age	Day	Time	Dates
6 – 10	Wed	3:15 – 5p	Nov 6 – Dec 11 (skip Nov 27)

Aspiring Young Engineers – Themed: 1 – Day Sessions

Battle-Bots!

Build, Battle, Innovate, Repeat! In this modern, motorized, LEGO® version of jousting, participants will battle each other using customized monorail vehicles! Participants will need to design, customize and modify their monorail vehicle to make it progressively more efficient and effective!

Location Essex Elementary School Library

Fee \$35

Class Size Min 10 / Max 14

Age	Day	Time	Dates
6 – 10	Wed	3:15 – 5p	Sep 18

S.T.E.A.M. Trains

All-Aboard the S.T.E.A.M. Train" (Science. Technology. Engineering. Architecture.Math.!) In this exciting and engaging workshop, participants will construct a customized LEGO® train cars including the rail system. Using the creativity and excitement LEGO encourages, students will have fun while learning about train technology, building their own freight car and getting a chance to drive the main-engine car, comparing infrared and Bluetooth controls!

Location Essex Elementary School Library

Fee \$35

Class Size Min 10 / Max 14

Age	Day	Time	Dates
6 – 10	Wed	3:15 – 5p	Oct 2

Theme Park Engineering!

Spinning Swings, Carousels, Roller Coasters, excitement and fun are all things we think about at Theme Parks – but what about the Engineering?! Many people don't give it a second thought, but in this exciting class students will learn about, design and build a LEGO® theme park, complete with motorized rides!

Location Essex Elementary School Library

Fee \$35

Class Size Min 10 / Max 14

Age	Day	Time	Dates
6 – 10	Wed	3:15 – 5p	Oct 16



Fall Youth Programs

Baking with Kids – Holiday Treats

Instructor Jennifer Crown

Just in time for the holidays. Enhance your child's creativity and get hands-on cooking experience. Our program will focus on special holiday treats and creative food gifts. Participants will learn cooking basics and enjoy their treats at the end of each class. Skills include reading recipes, measuring wet and dry ingredients, food safety, and basic knife skills. Our little cooks will create a recipe book at the end to bring home just in time for the holidays.

Location Essex Town Hall Auditorium & Kitchen

Fee \$100 (includes all materials)

Class Size Min 6 / Max 12

Grades	Day	Time	Dates
3 – 6	Thu	3:30 – 4:45p	Nov 14 – Dec 19 (Skip Nov 28)



Bushy Hill Nature Center Hosts Pre-Festival Carving Party

The Great Pumpkin Challenge at our annual Pumpkin Festival calls for 200 or more carved pumpkins for the Jack-O-Lantern stroll. Why not join Bushy Hill Nature Center to create your masterpiece and put it right on display for all to see? They will have over 100 pumpkins that will need to be carved so come on down early and enjoy a fun time with neighbors and friends at the Nature Center front lawn, with opportunity to go on self-guided hikes on their property located at 253 Bushy Hill Rd. Ivoryton, CT - Pumpkins will be available while supplies last! All Abilities All Ages Welcome! www.bushyhill.org

Location Bushy Hill Nature Center Front Lawn – 253 Bushy Hill Rd. Ivoryton

Fee Free – While Supplies Last

Ages	Day	Time	Dates
ALL	Sat	10a – 12n	Oct 19

Essex Youth Basketball League Coach's Corner

Our youth basketball league programs depend completely on volunteer coaches. This is a rewarding opportunity to work with children and give back to your community, please consider helping by coaching a team this year. It is valuable for the kids to have their parents and guardians involved and to have positive role models. If you are interested or have any questions, please contact the Essex Park and Recreation Department at 860-767-4340 x148 or recreation@essexct.gov. All first-time coaches are required to fill out a Coaching Application and background check form. Contact the Park and Recreation Department for an application.

Schedule Requests

We really do appreciate your offer to coach, however please note we cannot accommodate any special requests regarding schedules. If you are coaching another team or have other commitments during the season we ask that you volunteer to help as a team parent or assistant coach and allow someone with a more flexible schedule to be the head coach.



Kindergarten & 1st Grade Coed Basketball Clinic

Instructor Tim LaChance

Our entry level basketball program is the perfect way to introduce your child to the game of basketball in a safe and fun setting. We will use a variety of confidence-building games and drills to teach the basics of the sport. The registration deadline is December 30th. Volunteer coaches are needed. Be sure to include the player's shirt size on the form.

Grades K – 1

Dates Jan 8 – Feb 5

Day Wed

Time 3:15 – 4p

Fee \$50

Location Essex Elementary School Gym

Updates to the Essex Youth Basketball League

The Parks and Recreation Directors and Youth Basketball Coordinators from Essex, Deep River, and Chester are proposing changes that we believe will enhance our programs' focus on the developmental needs and enjoyment of the children in our communities.

Students in grades K and 1, together, will have a once per week clinic in their own town. We will be offering a coed group at this age and a shorter season.

Grades 2 and 3 will be grouped together on teams, by gender, in their own towns. They will practice in their own towns, but all games will be played at Deep River or Essex, with half court play and 8-foot hoops. They will use a time clock, but no score will be kept. Coaches will be on court to provide guidance and serve as referees. Games may be played on Thursday & Friday evenings or Saturday Mornings.

Grades 4 – 6 will be grouped together on teams, by gender, in their own towns. Players register with their Primary Residency Park and Recreation Department. They will practice in their own towns. Players will use the 10-foot hoops.

Grades K through 3 will use a junior 5 size ball and grades 4 through 6 girls will use the 28.5 intermediate size ball. The official 29.5 size balls will be used for 4 – 6 boys.

Practices will begin Dec 1 Games will begin on January 10 and end on March 9th. Coaches please be aware games will be scheduled Fridays 5:20 – 6:20, 6:30 – 7:30 and 7:40 – 8:40 (Subject to Change) Saturday games will be played between 8a – 1pm. Please send me any feedback you have throughout the season. Thank you for your past and future volunteer time.

Essex Youth Basketball League

Essex Youth Basketball League Grades 2 – 6

Park and Recreation will offer the Essex Youth Basketball League. Our program focuses on fun, skill development, and sportsmanship. The EYBL runs from December 1 - March 6, Ivoryton, Centerbrook and Essex children in grades 2-6 are eligible to participate. The registration deadline is November 2, any registration after is a \$20 late fee. Our 2nd - 6th grade divisions play organized games and meet twice per week. Volunteer coaches are needed. Be sure to include the player's shirt size on the form.

Grades 2 – 3

Boys

Dates	Practices 1x per week starting week of Dec 1 – Wed Practice 1x per week after Jan 2 – Wed
Time	Practices 4:30 – 5:45p
Dates	Games Jan 10 – March 6 Fri or Sat
Time	Games TBA
Fee	\$75
Location Practice	Essex Elementary School Gym
Location Games	EES or DRES
Instructor	Volunteer Coaches

Girls

Dates	Practices 1x per week starting week of Dec 1 – Tue Practice 1x per week after Jan 3 – Tue
Time	Practices 4:30 – 5:45p
Dates	Games Jan 10 – March 6 Fri or Sat
Time	Games TBA
Fee	\$75
Location Practice	Essex Elementary School Gym
Location Games	EES or DRES
Instructor	Volunteer Coaches



Essex Youth Basketball League

Grades 4 – 6

Boys

Dates	Practice 1x per week start week of Dec 1 – Wed
Time	Practices 6 – 7:15p
Dates	Games Jan. 10 – Mar 6 Fri or Sat
Time	Games – TBA
Fee	\$75
Location Practice	EES, DRES
Location Games	CES, DRES, EES
Instructor	Volunteer Coaches

Girls

Dates	Practice 1x per week start week of Dec 1 – Tue
Time	Practices 6 – 7:15p
Dates	Games Jan. 10 – Mar 6 Fri or Sat
Time	Games – TBA
Fee	\$75
Location Practice	EES, DRES
Location Games	CES, DRES, EES
Instructor	Volunteer Coaches



Adult Programs

Adult Drop-In Basketball

Our Adult Basketball program is a great place to run some hoops, pick-up games are formed each night. Games are based on exercise, fun and good sportsmanship. Adult Basketball meets every Wednesday starting in October; **program does not meet when the school is closed for weather-related conditions, school vacations, school functions and holidays.** All participants must complete a program waiver form on site with our program leader.

Location	Essex Elementary School Gym		
Fee	Free		
Ages	Day	Time	Dates
18 & up	Wed	7:30 – 9p	Oct 2 – June 2020

Adult Yoga

Instructor Angela Stevens

This Yoga Class will introduce students to the many benefits of yoga. It will combine asana (yoga poses), yogic breathing and meditation. Students will move through a series of postures while maintaining awareness. The class will enhance balance and strength through deep stretching and reflection. Students will learn to apply yoga in everyday life, which will result in a release of stress, an increase in energy and an improvement in mental clarity. *Please bring your own yoga mat*

Location	Essex Town Hall Auditorium		
Fee	\$55		
Class Size	Max 20		
Age	Day	Time	Dates
16 & up	Mon	6 – 7p	Sep 30 – Oct 28 (skip Oct 14)
		6 – 7p	Nov 25 – Dec 16
		6 – 7p	Dec 30 – Feb 3 (skip Jan 20)



Sound Steps Walking Program

Sponsored by Middlesex Hospital Shoreline

Medical Center

The purpose of our new fitness program is to increase physical activity and social connection in a community walking program that is accessible and welcoming to all.

How it Will Work:

- Participants will register for free with Park and Recreation, and then create a free account with MyWALKS.com: The Online Walking Fitness Log.
- Upon registering, participants will receive a programmable pedometer to track their daily walking exercise and track their walks on mywalks.
- Certificates or small prizes will be awarded as participants reach certain walking milestones.
- Participants who register for the cross-fit programs will receive a free pedometer.

Special Events

The Essex Board of Trade's Scarecrow Festival

The Essex Board of Trade's Scarecrow Festival will be held Saturday, October 12, 2019 from 2-5p with music, games, food and activities all along Essex's Main Street. As you stroll the street and enjoy the scarecrows be sure stop at Main Street Park for yard games, beer tastings and music featuring Old Dog New Trick from 2-5. Kids can create fall crafts on the lawn at the Connecticut River Museum; browse the Village Shops, and more. For more information about Essex Board of Trade; events, programs, and members: visit www.essexct.com

Date October 12
Day Saturday
Time 2 – 5p
Location Essex Main Street

Run Local/ Read Local 5K Run/Walk & Pumpkin Run

This race will begin near the library and meander through historic Ivoryton, continuing into Falls River Farms and the Falls River Preserve and ending back at the library. A Pumpkin Run in Ivoryton Park is scheduled for children aged 8 and younger. All pumpkin runners will receive a medal and a pumpkin that can be painted after the race. Contact the Ivoryton Library for more details.

Date October 19
Day Saturday
Time Registration Begins at 7:30a,
Kids Run at 8:45a

Bushy Hill Nature Center Hosts - Pre-Festival Carving Party

The Great Pumpkin Challenge at our annual Pumpkin Festival calls for 200 or more carved pumpkins for the Jack-O-Lantern stroll. Why not join Bushy Hill Nature Center to create your masterpiece and put it right on display for all to see? They will have over a 100 pumpkins that will need to be carved so come on down early and enjoy a fun time with neighbors and friends at the Nature Center front lawn, with opportunity to go on self-guided hikes on their property located at 253 Bushy Hill Rd. Ivoryton, CT - Pumpkins will be available while supplies last! All Abilities All Ages Welcome! www.bushyhill.org

Date October 19
Day Saturday
Time 10a – 12n
Location Bushy Hill Nature Center Front Lawn
253 Bushy Hill Rd. Ivoryton

Trees in the Rigging

This annual event includes a traditional, lantern-lit stroll down Main Street and ends at the Connecticut River Museum with a parade of vessels dressed out in holiday lights and passing in review along the Connecticut River. For more information visit <http://www.ctrivermuseum.org/>

Date Dec 1
Day Sunday
Time 5 – 8p
Location Connecticut River Museum

Ivoryton Village Pumpkin Festival

Our signature special event! The first Pumpkin Festival was held at the Ivoryton Village Green in 2000. Join us at the village green to enjoy the free refreshments, contests and games, live music and view the pumpkins **BRING YOUR CARVED PUMPKINS from 2-4 FOR OUR JACK-O-LANTERN STROLL!**

Date October 19
Day Saturday
Time 5 – 7p
Location Ivoryton Green

Ivoryton Illuminations

If you want to experience some real Holiday Cheer, then come and spend some time in Ivoryton – the brightest village in Connecticut. A night of Free Family Fun including a visit from Santa occurs the 1st Saturday in December. Lights are on until Jan. 6 so visit often. For more information visit www.ivorytonalliance.org

Date December 7
Day Saturday
Time 5 – 8p
Location Ivoryton Village

Contact Information

Park and Recreation Commission Members

Bob Russo, *Chair*
John Bean
Brette Fitton
Tony Mosa
Dan Needleman
Doug Senn
Ginny Willets

Department Staff

Park and Recreation Director	Mary Ellen Barnes
Recreation Aide	Tim LaChance
Recreation Aide	Meranda Wimbury
Summer Camp Director & Program Instructor	Jennifer Crown

The Park and Recreation Commission welcomes the opportunity to help you with issues involving the Department and our Community. The public is invited to attend our meetings, held quarterly at 7:00pm at the Town Hall. See our website for schedule meeting dates.

Town Departments

Selectman's Office	860-767-4340 x112
Animal Control	860-767-3219/860-388-7082
Assessor	860-767-4340 x123
Building Dept & Fire Marshal	860-767-4340 x144
Harbor Master	860-767-8494
Health Department	860-767-4340 x118
Highway Department	860-767-0715
Landfill/Transfer Station	860-767-1926
Maintenance Department	860-767-4340 x136
Municipal Agent	860-767-4340 x201
Police (Non-emergency)	860-767-4340 x130
Registrars	860-767-4340 x142
Social Services	860-767-4340 x201
Tax Collector	860-767-4340 x120
Town Clerk	860-767-4340 x129
Treasurer / Finance	860-767-4340 x122
Tree Warden	860-767-0766
Zoning	860-767-4340 x115

Essex Federal ID# - 06-6002033

Clubs & Organizations

Essex Historical Society	860-767-0681
Essex Land Trust	www.essexlandtrust.org
Essex Board of Trade	860-767-3904
Ivoryton Village Alliance	ivorytonalliance.org
Essex Garden Club	860-767-7263
Ivoryton Gardeners	spodaski@hotmail.com
Child & Family Agency of Southeastern Connecticut	860-767-0147
Essex Ambulance Association	860-767-7677
Essex Community Fund	www.essexcommunityfund.com
Essex Boy Scouts	860-767-9027
Essex Cub Scouts	860-790-0681
Essex Girl Scouts	www.gsofct.org
Connecticut River Museum	860-767-8269
Essex Fire Engine Company No. 1	860-399-7921
Essex Lions Club	www.essexlionsclub.com
Essex Rotary Club	www.rotaryclubofessex.com
Estuary Regional Senior Center	860-388-1611
Essex Library	860-767-1560
Ivoryton Library	860-767-1252
Essex Elementary School	860-767-8215
John Winthrop Middle School	860-526-9546
Valley Regional High School	860-526-5328
Ivoryton Playhouse	860-767-7318
Middlesex County Community Foundation	860-347-0025
Tri-Town Youth Services	www.tritownys.org /860-526-3600
Valley Shore Emergency Management	www.valleyshore911.org
Literacy Volunteers Valley Shore CT	www.vsliteracy.org
9 Town Transit	860-510-0429
Community Renewal Team (Middletown)	860-347-4465
Senior Resources (Norwich)	860-887-3561
Shoreline Soup Kitchen (Old Saybrook)	860-388-1988
First Choice SNAP Outreach Specialists	860-528-1359

Athletic Organizations

Essex Little League	(Casey Metz, Pres.) www.eteamz.com/essexlittleleague/
Shoreline Babe Ruth Baseball	(Scott Paulson, Area Coordinator) www.eteamz.com/shorelinebaberuth/
Valley Soccer Club	(Denis Recchia, V.P.) www.valleysoccerclub.com/
Ticks Lacrosse Club	(Ed Burlison, Essex Town Rep) www.tickslacrosse.com



PARK AMMENITIES



EXPLORE YOUR LOCAL PARKS!

CLARK'S POND
180 Main St., Ivoryton



COMSTOCK PARK
50 Park Rd., Ivoryton



DICKINSON PARK
28 North Main St., Essex



GROVE STREET PARK
29 West Ave., Essex



HUBBARD PARK
69 North Main St., Essex



IVORYTON GREEN
100 Main St., Ivoryton



MAIN STREET PARK
14 Main St., Essex



SUNSET POND
52 West Ave., Essex



VINEY HILL BROOK PARK
36 Hillside Dr., Essex



Presented by Essex Park and Recreation

IVORYTON VILLAGE

FAMILY
ACTIVITIES

LIVE
MUSIC






PUMPKIN Festival

Free
Refreshments
(while they last)

October 19, 2019

Ivoryton Village Green • 5-7pm

In cooperation with Essex Park and Recreation and Ivoryton Village Business Alliance - Bushy Hill Nature Center will offer a Pumpkin Carving Party from 10-12 at the Nature Center front lawn, with opportunity to go on self-guided hikes on their property located at 253 Bushy Hill Rd. Ivoryton, CT - Pumpkins will be available while supplies last! All Abilities All Ages Welcome! www.bushyhill.org

-  Jack-O-Lantern Stroll
-  Ivoryton Library Haunted Happenings
-  Not-So-Scary Horse Drawn Wagon Rides

Pumpkin drop-off time
is between 2pm-4pm



www.essexct.gov/park-and-recreation
Email: recreation@essexct.gov